Approved Training Sources

Child care providers needing current certification in first aid and CPR must receive their certification from an approved source. The trainings must be American Heart Association, American Red Cross, or the equivalent.

To be equivalent the training must meet the following requirements:

- · Must be face to face training with hands on skills testing.
- · Must include infant and child or pediatric training.
- . Must include training on Heimlich Maneuver for choking.
- · Must list an expiration date on the certificate.

For your convenience, we have listed some approved sources below. If the class you wish to take is not listed, contact the Training Specialist at 801-584-8281, for approval before taking the course.

| STATEWIDE | | | | | |
|---|-----------------|---------------------------------|--------------|--|--|
| American Heart Association | 800-242-8721 | Heartsaver | 877-848-4877 | | |
| American Red Cross | | Heartsaver First Aid Card Codes | | | |
| Cache County Office | 435-752-1125 | A = Adult First Aid | | | |
| Greater Salt Lake Area Chapter | 801-323-7000 | B = Environmental Emergencies | | | |
| Mountain Valley Chapter | 801-373-8580 | C = Adult/Child CPR with Mask | | | |
| Northern Utah Chapter | 801-627-0000 | D = Adult/Child AED | | | |
| St. George Satellite Office | 435-674-4440 | E = Infant CPR with Mask | | | |
| http://utahredcross.org | | Heartsaver AED Card Codes | | | |
| American Safety and Health Institute (ASHI) | 800-246-5101 | A = Adult/Child CPR & Choking | | | |
| JETS, Jason Underwood | 801-362-3716 | B = Adult/Child AED | | | |
| Medic First Aid | 800-447-3177 | C = Infant CPR & Choking | | | |
| National Safety Council | 800-933-5943 or | Heartsaver CPR Card Codes | | | |
| (Steve Thorlakson, Spanish) | 801-582-7114 | A = Adult/Child CPR & Choking | | | |
| Save-A-Heart | 801-201-0699 | B = Infant CPR and Choking | | | |
| U. S. Training Council | 801-589-8290 | C = Adult/Child CPR with Mask | | | |
| (Dave Probert) | | D = Infant CPR with Mask | | | |
| Emergency Care and Safety Institute | 435-257-9785 | | | | |
| EMS Safety Services | 800-275-9555 | | | | |
| | | | | | |
| | | | | | |

| BEAVER COUNTY | | GRAND COUNTY | |
|---------------------------------------|--------------|---|--------------|
| Milford Valley Hospital | 435-387-2411 | | |
| | Ext. 4 | IRON COUNTY | |
| | | | |
| BOX ELDER COUNTY | | JUAB COUNTY | |
| Brigham Hospital | 435-734-4214 | Central Valley Medical Center | 435-623-3000 |
| | | | |
| CACHE COUNTY | | KANE COUNTY | |
| Logan Regional Hospital | 435-716-5310 | | |
| Bridgerland Applied Technology (John) | 435-512-3242 | MILLARD COUNTY | |
| Smithfield Fire Department | 435-563-3056 | | |
| | Ext. 160 | MORGAN COUNTY | |
| CARBON COUNTY | | | |
| Carbon County Recreation | 435-637-5092 | PUITE COUNTY | |
| Castleview Hospital | 435-637-4800 | | |
| | | RICH COUNTY | |
| DAGGETT COUNTY | | | |
| Gold Cross | 435-789-6907 | SALT LAKE COUNTY | |
| | | Sandy City Fire Department | 801-568-2940 |
| DAVIS COUNTY | | D&R First Aid and CPR | 801-967-8292 |
| Bountiful City Fire Department | 801-298-6230 | The Unified Fire Authority | 801-743-7200 |
| Lakeview Hospital | 801-299-4614 | Utah Emergency Medical Training Council | 801-562-2663 |
| Davis Hospital & Medical Center | 801-807-7096 | Gold Cross Ambulance | 801-975-4335 |
| | | IHC Central Region Hospitals (CPR only) | 801-408-1930 |
| DUCHESNE COUNTY | | | |
| UBATC | 435-722-4523 | SAN JUAN COUNTY | |
| | | | |
| EMERY COUNTY | | SANPETE COUNTY | |
| | | | |
| GARFIELD COUNTY | | SEVIER COUNTY | |
| Garfield Memorial Hospital | 435-676-8811 | Diane Barney | 435-896-5103 |

| SUMMIT COUNTY | | WASHINGTON COUNTY | |
|---------------------------------------|--------------|--------------------------------|-----------------|
| Park City Fire Service | 435-649-6706 | Dixie Ambulance | 435-628-4303 |
| | | | Ext. 6 |
| TOOELE COUNTY | | Shar & Greg Tobler | 435-680-4667 or |
| | | | 435-634-9434 |
| UINTAH COUNTY | | WASATCH COUNTY | |
| | | | |
| UTAH COUNTY | | WAYNE COUNTY | |
| Provo City Fire Department (CPR only) | 801-852-6332 | Wayne County Health Department | 435-836-1316 |
| Timpanogos Medical Center (CPR only) | 801-714-6022 | | |
| Utah County IHC Hospitals | 801-357-7176 | WEBER COUNTY | |
| | | McKay Dee Hospital | 801-387-7800 |
| | | | |

Child care providers are also required to obtain annual training in the topics specified in the licensing rules. For an inexpensive source of this training, contact:

Child Care Resource and Referral – Northern

(Davis, Morgan, and Weber Counties) 1309 University Circle (Weber State University) Ogden, UT 84408-1309 (801) 626-7837 Toll free, 1-888-970-0101

Child Care Resource and Referral - Mountainland (Summit,

Utah, and Wasatch Counties) 800 W. University Parkway – 163 Orem, Utah 84058 (801) 863-8220 Toll free, 1-800-952-8220

Edu-Care Early Learning Center

(801) 774-0074

Child Care Resource and Referral – Mountainland

(Summit, Utah, and Wasatch Counties) 800 W. University Parkway – 163 Orem, Utah 84058 (801) 863-8220 Toll free, 1-800-952-8220

Child Care Resource and Referral – Eastern

(Carbon, Daggett, Duchesne, Emery, Grand, San Juan, and Uintah Counties)
CEU, 451 East 400 North
Price, Utah 84501
(435) 613-5619
Toll Free, 1-888-637-4783

Child Care Resource and Referral – Metro

(Salt Lake & Tooele Counties) 124 South 400 East, Suite 400 Salt Lake City, Utah 84111 801-355-4847 Toll free, 1-866-438-4847

Child Care Resource and Referral – Bridgerland

(Box Elder, Cache, and Rich Counties) 6510 Old Main Hill (Utah State University) Logan, UT 84322-6510 (435) 797-1552 Toll Free, 1-800-670-1552

Child Care Resource and Referral – Western

(Beaver, Garfield, Iron, Juab, Kane, Millard, Piute, Sanpete, Sevier, Washington, and Wayne Counties) 88 East Fiddler's Canyon Road Cedar City, Utah 84720 (435) 586-8722 Toll free. 1-800-543-7527